

## You Creating History



Let's imagine that you - yes you - go down in the history books as someone who contributed to building a New World. Now don't make yourself small and skip this one... use your imagination, have fun with it, and see what's possible when you consider something bigger than yourself. Yep that's right. Something bigger. What does that mean? Ah, ha! Let's explore!

1. Imagine yourself looking into a crystal ball. What do you see yourself doing - because you can - and you're so darn healthy, in 1 year from now?

2. What makes your heart and soul sing more than anything? Go ahead, be free and just write it all down.

3. Now imagine it's the last day of your life, and looking back on your life you say to yourself: "I made history because I dared to dream and do that." What is that? Be as specific and detailed as possible.

Create History, Build A New World, And Never Look Back -  
Because You Have Chosen To Fully Go For Your Life